



Level 1, 468 the Esplanade Warners Bay NSW 2282

Jason A. Geres – Doctor of Chiropractic

Phone: 02 4947 4393 Fax: 02 4947 4564

Informed Consent to Chiropractic Procedures

Chiropractic adjustments are an effective treatment for spinal pain, headaches and other neural, muscular and skeletal conditions. Chiropractic care has stood the test of time. The risk of injuries or complications from Chiropractic adjustments is often lower than that associated with many medical and other treatments. The aim of the treatment is always to improve the patient's health, however, a patient should before undergoing a treatment understand the relevant factors in relation to it.

1. In extremely rare circumstances, the treatment may not be successful and you may be in the same position you are now.

2. Although uncommon, sprains and strains to the ligaments, muscles and other soft tissue may occur; injury to discs between the spinal vertebrae are extremely uncommon, but in these cases nerve pain can ensue with radiation of pain into the arms, trunk or legs. In rare instances, this can cause permanent pain, weakness, or impaired function. Another rare event is fracture of bone including the ribs. With adjustments to the neck, there have been reported cases of injury to the vertebral arteries. Some spinal adjustments of the neck may damage blood vessels and give rise to stroke or stroke-like symptoms. While the above mentioned have never occurred in this practice, we are still required by law to inform you.

3. This consent is for all future Chiropractic procedures at this office.

4. I will inform Jason Geres (Chiropractor) of any concerns I have about the effect on my health these procedures may have.

(name: please print)

(date)

(patient signature/ or legal guardian)



Level 1, 468 the Esplanade Warners Bay NSW 2282

Jason A. Geres – Doctor of Chiropractic

Phone: 02 4947 4393 Fax: 02 4947 4564

TERMS OF ACCEPTANCE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal: to eliminate misalignments within the spinal column which interfere with the expression of the body's innate wisdom. It is important that each patient understand both the objective and the method that will be used to attain our goal. This will prevent any confusion or disappointment.

Adjustment: The specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is specific adjustments of the spine.

Health: A state of optimal physical, mental and social well-being, not merely the absence of disease or symptoms..

Vertebral Subluxation: A misalignment of one or more of the 24 vertebrae in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of chiropractic spinal examination we encounter, non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings we will recommend that you seek the services of a health care provider who specialises in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. **OUR ONLY PRACTICE OBJECTIVE is to eliminate major interference to the expression of the body's innate wisdom.**

Our only method is specific adjusting to correct vertebral subluxations.

I, _____ have read and fully understand the above statements.

(print name)

I, therefore, accept chiropractic care on this basis.

(signature)

(date)



Level 1, 468 the Esplanade Warners Bay NSW 2282
Jason A. Geres – Doctor of Chiropractic
Phone: 02 4947 4393 Fax: 02 4947 4564

What to Wear?

Please be advised that to accurately assess your health status we will require you to wear the following during your examination:

- Ladies : please wear spandex shorts or similar, with a sport bra or bikini top(no underwire please). You can wear these under your daily clothing.
- Men: please wear athletic shorts; footy shorts or running shorts are great with no metal buttons or zippers (not board shorts).

To make your visit more enjoyable gowns will be provided for your comfort and privacy.

If x-rays are required, you will need to remove:

- necklaces, earrings / body piercings (watches and rings are ok)
- false teeth or dentures